

**The University of Melbourne Medical Students Society
(UMMSS) presents:**



A Guide for International Students



**12 Things
I Wish I Knew
as an MD1**

1. Join our Facebook group

Join the "International Students Medicine University of Melbourne" FB group to be in the know of any updates related to you as an international students.

2. Visit our Website

Yes there is a website dedicated for you international students!

<http://ummssinternational.weebly.com/> It contains useful information for international students from how to settle into Melbourne to how to apply for an internship in Australia.

3. Libraries

Some tout the Law Library as one of the best places to study, but there are plenty of libraries to choose from, such as the Brownless Biomedical Library, Baillieu Library, Eastern Resource Centre (ERC) etc.

4. ECG? Radiology?

Don't worry too much about ECG and imaging in your first year! :) You will get the hang of it in the years to come.

5. Smart Sparrow

Take Smart Sparrow (especially Barbour's pictures) seriously.

6. Tutorial Rooms

You can book the tutoring rooms in the medical building to practice PCP.

7. The Loft @ 1888

When all the libraries (see tip #3) get too crowded during exam period, check out the 1888 building (the loft is pretty sweet). P.s: Exclusive study area for graduate students!

8. Feeling ill?

The University of Melbourne Health Service provides free GP consultations and blood test with OSHC. Some GP clinics accept OSHC and only need to pay bridging fee ~\$10-15. Check the OSHC websites for the list of GP clinics that allows you to use your OSHC cover with no gap fee

9. Peer resources

There are peer resources that are priceless - you need to look around or ask around for them (e.g. past papers)

10. Studying for MD1

It may sound simple, but each lecturer is different and you need to adjust your study approach to them. There will be 3 types of lecturers:

TYPE 1: You will only see them once in the entire year.

Basically be aware of the main points of the lecture. They are usually nice to point out what they want you to know.

TYPE 2: You will see them for 1 exam-block. Adjust to their style and pay some attention because they will make quite a few exam questions.

TYPE 3: You will see them throughout the year. For my year it was mainly Angela (pathology), Roy (microbiology), Graham Parslow (biochemistry) and Jenny (anatomy). Learn how to study for them! It will pay off in the long run. Below is an example on my approach:

ANATOMY:

If you are struggling to write down everything Jenny Hayes in Anatomy says, in retrospective, the Netter's Anatomy Flashcard were quite sufficient & succinct for the exams. She used the same pictures on the flashcards. Lectopia can be helpful you are the kind who learn by re-listening!

PATHOLOGY/HISTOLOGY:

Histology and Pathology lectures strongly overlapped with the Histopathology Practicals. Before each Practical, go through the lecture notes one more time, and you might find it easier.

You may also want to pay attention to the repeated material, because they are more likely to expect you to know it for the exam.

MICROBIOLOGY

Roy's Microbio/Infectious Disease Lectures: you need to know almost everything he SAYS, so be good at typing fast or listen to the lectures again. Again, you often find the information repeated in the Microbiology Practicals.

BIOCHEMISTRY

Graham Parslow's Learning Objectives: pay attention to the learning objectives. Sometimes they may not even appear anywhere else in the lecture, but they came up on exams.

11. Mentorship

We have a mentorship program that links you up with other international students in the year levels above! Ask them for tips to survive, ideas for overseas electives and electives in your home countries, or even tutoring! :)

12. Microsoft Office

You can get Microsoft Office 365 for free as a Melbourne University student and the subscriptions will end until you leave the university :) -

http://ask.unimelb.edu.au/app/answers/detail/a_id/6077/~microsoft-office-365